

The monthly newsletter for World Book Online

Happy New Year!



Adopting healthy habits is an excellent New Year's resolution that can significantly enhance your mental health, boost your mood, and reduce anxiety. Whether you're already living a healthy lifestyle or looking to make changes, there are plenty of ways to incorporate healthy habits into your daily routine. Not sure where to start?

Check out the **Building Blocks of Growth and Success** series and the [accompanying website](#) for new mindfulness strategies to try.

January Webinars



eBooks in the Classroom and Library

Weds, Jan 8th at 11:00 AM CDT

Take a look inside World Book's eBook collection and learn how to navigate, annotate, and get inspiration for practical classroom applications. [REGISTER HERE >>](#)

Black History Month with World Book Online

Mon, Jan 23rd, 1:00 PM CDT

World Book is a great resource in helping you prepare for, educate about, and celebrate Black History month! [REGISTER HERE >>](#)

Timelines in Schools & Libraries

Mon, Dec 23rd, 2:00 PM CDT

Look inside this unique World Book feature for inspiration on how to engage students and patrons in new ways. [REGISTER HERE >>](#)



Martin Luther King Jr. Day

Martin Luther King Jr. Day is a national holiday in the United States that celebrates the birthday of civil rights leader Martin Luther King Jr., occurring on January 20th this year. Interestingly, during high school, Martin excelled so much that he skipped both the 9th and 12th grades. Discover more about Martin Luther King Jr. and his contributions to the civil rights movement through World Book Online. [This document](#) can provide you with ideas on where to start your research.

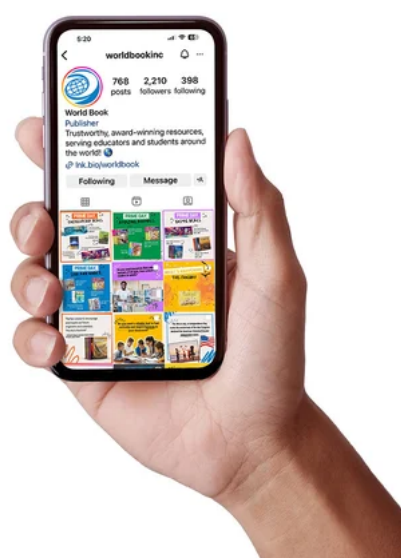
World Book Insiders

You're already getting questions and requests- why not have all the solutions? A little bit of professional development and collaboration with like-minded people goes a long way, once you become a World Book Insider. You will not only have the tools you need to support staff, students, or patrons but you will learn ways to take those resources to the next level and earn perks along the way. Watch the [informational webinar](#) to learn more and [apply today!](#)



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